

# Spices and Herbs



We offer for sale reasonably priced herbs, spices, and blends. All spices and herbs are of the highest possible quality – purchase from us just once and you'll never use grocery store spices again.

Both the modern and historical kitchen will benefit from these commonly used ingredients. Most are in whole form in order to retain their high quality and full flavor until you are ready to grind and use them.

They will aid the discriminating cook in reproducing any number of prepared dishes.

The spice blends are all documented and made according to period recipes.

Additional herbs, spices, flavorings, and blends will be added at a later date so please bookmark the page and return often.

Accepted forms of payment include: personal check, money order, paypal, or **phone in your order** and pay with Mastercard or Visa. **Credit card orders must be phoned in.**

**All Sales final, and subject to availability.** Thank you, we appreciate your interest, and wish you Blissful Meals!



*Unless otherwise specified, quantity is  
2 oz. by volume,  
All sealed in air-tight package.*



**Spices:**

*Allspice/Jamaica Pepper, whole*

\$4.50

*Aniseed*

\$3.50

*Arrowroot, powder.* Used as a thickener.

\$.50 per ounce

*Bay leaves, dried, crushed.*

\$3.50

*Caraway seed*

\$3.50

*Celery seed*

\$3.00

*Cinnamon sticks*

\$3.00 per ounce

*Cloves, whole*

\$3.50

*Coriander seed*

\$3.50

*Cumin seed*

\$4.00

*Ginger root, powder*

\$3.50

*Mustard seed, yellow*

\$2.50

*Nutmeg, whole*

\$3.75 per oz.

*Peppercorns, black*

\$3.50

*Turmeric, powder*

\$3.75



### *Period-Correct Spice Blends:*

***Kitchen Pepper:*** (18<sup>th</sup> and 19<sup>th</sup> century) A period blend of cinnamon, black pepper, allspice, nutmeg, cloves, and salt. It was used in various foods, especially soup, stew, ragout, and fricassee.

\$5.00

***Ragout Powder, Savory.*** A period blend of salt, mustard, allspice, black pepper, lemon peel, ginger, nutmeg, and cayenne. Ragouts were similar to stews, a thick dish of meat and vegetables, seasoned somewhat more than a regular stew.

\$5.00

***Soup Herb Powder.*** A period blend of herbs designed to produce a pot of soup with harmoniously blended flavors in which no one dominates.

\$4.00

***Savory Spice.*** A 19<sup>th</sup> century period blend of savory spices which may be used to season meats, soups, stews, or vegetables.

\$4.50

***Sweet Spice.*** A 19<sup>th</sup> century period blend of sweet spices for all your baking needs.

\$4.50

***Sausage Spice.*** A 19<sup>th</sup> century period blend of spices for use in making sausage. You'll never want processed sausage again after making your own.

\$4.50

***Plum Pudding Spice.*** A 19<sup>th</sup> century period blend of spices for use in any cake or pudding.

\$5.00



***Sea salt, fine - \$4.50 per pound.*** (Due to weight and increased postage rates, sea salt ships at \$9.00 postage per order. Other spices can be combined in the order without additional postage charges.)



***Herbs:***

***Chives***, dried. Use for baked potatoes, add to soup, meat dishes, etc.

\$4.00

*Lemon Balm*, dried. Used primarily in teas.

\$3.50

*Oregano*, dried leaves. Used in many foods such as soups and tomato sauces.

\$4.00

*Parsley*, dried. Used in foods such as soups, sauces, and sausages.

\$3.00

*Peppermint*, crushed, dried leaves. Excellent for tea alone or combined with any other tea or herb of choice. Soothing to the stomach. Used to flavor foods such as soups.

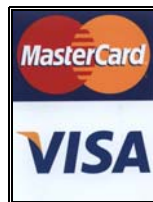
\$3.00

*Rosemary*, dried. Used to season any number of dishes such as soups, meats, and sauces.

\$3.50

*Sage*, dried leaves. Used to season meats, soups, sauces, stuffing, etc.

\$4.00



***Mastercard & Visa orders must be phoned in to 256-766-7070.***

***Shipping and Handling, U.S. only please:***

Purchases up to \$15.00 please add \$5.98

\$15.01 to \$25.00 please add \$6.98

\$25.01 to \$35.00 please add \$7.95

\$35.01 to \$45.00 please add \$8.95

\$45.01 to \$55.99 please add \$9.95

\$56.00 to \$76.00 please add \$12.98

\$76.01 to \$100. please add \$17.00

**Alabama residents must add 8% sales tax.**

Write legibly, specify amount ordered in ounces, include a phone number so we can verify the order if needed, supply a legible address where the order is to be shipped, and add correct shipping charges with your payment. Thank you.